

# BREAKFAST

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## BEST BREKKY EVER

Full Buffet Breakfast	26
Continental Buffet Breakfast	22

## SEED & OAT BIRCHER MUESLI **gf**

Vanilla bean, almond granola & wild honey	13
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## PASTURE FREE RANGE EGGS **gfo**

Poached, fried or scrambled, sour dough	12
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## SMASHED AVOCADO ON RYE **gfo**

Corn hummus, asparagus, soft egg, tomato	14
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## EXTRAS

Roma tomatoes	3	Thick sliced bacon	4
Buttered mushrooms	4	Hot smoked salmon	4
Hash brown	3.5	Extra egg	4

## SMOOTHIES & JUICES

8

## ENERGY WITH A BIT OF BEET

Green apple, carrot, beetroot, celery, ginger

## NATURAL PASSION

Banana, blueberry, natural yoghurt

## OATS & HONEY

Banana, oats, honey, natural yoghurt

## SUNSHINE BURST

Green apple, watermelon, pineapple

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BOOKINGS: [BOOKINGS@IVYANDJACK.COM.AU](mailto:BOOKINGS@IVYANDJACK.COM.AU)  
[IVYANDJACK.COM.AU](https://www.ivyandjack.com.au)

*Ivy &  
Jack*

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