

## **INTRO. DAY. I&J - BREAKFAST**

### **PASTURE FREE RANGE EGGS**

Poached, fried or scrambled, grilled sour dough... 16.50

### **SEED & OAT BIRCHER MUESLI**

Vanilla bean roasted pineapple, almond granola & jarrah honey, seasonal petals... 13.00

### **BLUEBERRY & RICOTTA HOTCAKE**

Maple, seeds, lavender mascarpone, almond nougat crush... 14.50

### **BREAKFAST ROLL**

Sweet kimchi, poached chicken, soy omelet, sprouts, siracha mayo... 12.00

### **RAW KALE & WAKAME**

Flaked hot smoked trout, edamame, cucumber, radish, 62 degree egg, spiced bonito, black sesame... 15.0

### **SMASHED AVOCADO**

Sun flower rye, corn hummus, asparagus, soft egg, 12 hour vine tomato, black salt, smoky popcorn... 14.0

### **CHEFS BREAKFAST**

Eggs any style, sourdough toast, potato pave, tomato, flat mushroom, candied bacon, chipolata sausage... 18.50

## **CUT TO: INTRO. DAY. I&J - SIDES. 4.00**

Roast roma tomatoes  
Buttered mushrooms  
Thick sliced cured bacon  
House smoked salmon  
Potato herb hash

## **CUT TO: INTRO. DAY. I&J - SMOOTHIES & JUICES. 8.00**

**NATURAL PASSION SMOOTHIE** - Apple, Banana, Natural Yoghurt, Blueberry  
**ENERGY WITH A BIT OF BEET** - Apple, Beetroot, Carrot, Celery, Pineapple, Ginger  
**GREEN ENVY** - Pear, Celery, Spinach, Mint, Kale  
**SUNSHINE BURST** - Apple, Watermelon, Pineapple, Orange

**{THE END} FADE TO BLACK:**